Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 01 Aug 2022 until 23:59 on Tuesday 02 Aug 2022

Forecast Issued on Sunday 31 Jul 2022 at 10:19 by Met Office Aberdeen

Confidence: Generally high confidence. Main uncertainty regarding extent and height of low cloud associated with rain or showers.

Headline for Monday 01 Aug 2022: Mainly dry with bright or sunny periods. Becoming wet and windy through the evening.

Mountain weather hazards on Monday 01 Aug 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Cloudy	Heavy Rain	Heavy Rain
Precipitation probability							
00%	00%	00%	00%	00%	20%	70%	>95%

Forecast for Monday 01 Aug 2022

Weather: Dry for much of the day with sunny spells. Higher cloud will begin to spill in from the west during the afternoon in advance of thickening cloud and occasionally heavy rain through the evening and overnight.

Chance of cloud-free hill tops above 800m: 90% until the end of the afternoon, then becoming 30% by the end of the evening and virtually none of the higher peaks having cloud-free tops overnight.

Low cloud and visibility: Good visibility with cloud mainly above the summits until late in the day. Low cloud with bases down 300 or 400 m initially around Skye and Lochaber early evening, spreading northeast to affect all summits by midnight. Visibility accompanying evening rain and low cloud will be moderate or poor, occasionally very poor within cloud.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Monday 01 Aug 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	10/12 SW	13/15 SW	14/16 S	14/19 SW	14/20 SW	17/23 S	21/26 S	27/33 SE	31/37 SE
900	9/11 SW	12/14 SW	12/15 S	14/19 SW	14/20 SW	16/23 S	18/24 S	23/29 SE	28/34 SE
600	6/8 SW	6/9 S	8/10 S	11/16 SW	11/17 SW	13/19 S	12/17 S	14/20 SE	17/23 SE
300	1/7 W	1/7 SW	2/8 SW	6/15 SW	7/17 SW	7/18 S	3/13 SE	3/15 E	5/20 SE
Glen	2/4 SE	2/5 W	3/7 SE	8/15 SW	9/16 SW	9/16 SW	5/11 SE	7/16 E	10/22 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/0	3/-1	4/-1	5/0	6/2	8/4	8/4	8/4	9/4
900	5/1	4/-0	4/0	6/2	7/4	9/5	9/5	9/5	10/5
600	7/5	6/4	7/4	8/6	10/8	12/9	11/9	11/8	11/8
300	9/9	9/8	9/9	12/10	14/12	15/14	14/14	12/12	13/12
Glen	10/10	10/10	12/11	14/13	16/14	17/15	16/15	15/14	15/14
Freezing Level*	1500m	1500m	1500m	1600m	1700m	1800m	2600m	3100m	3400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note cold temperatures on the tops, with feels like temperatures near freezing early in the day.

Forecast for Tuesday 02 Aug 2022
Weather: Cloudy and mainly overcast with outbreaks of rain or drizzle. Windy with strong to gale force southwesterly winds.

Maximum wind: Southwesterly, mean 40 mph gusting 50-55 mph.

Chance of cloud-free hill tops above 800m: 20% becoming 40% in the afternoon.

Low cloud and visibility: Low cloud down to 500 or 600 m in the morning, gradually lifting to around 600 or 700 m in the afternoon and evening. Moderate or good visibility outside of cloud, becoming very poor within low cloud.

Temperature: **Glens:** Plus 15 or 16 Celsius.
At 800m: Plus 10 or 11 Celsius.
Freezing level: Above summits.

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